Delmon Academy

IOSH Level 3 Certificate in Occupational Safety and Health Principles and Practice

The IOSH Level 3 Certificate in Occupational Safety and Health is an internationally recognized qualification that provides learners with essential knowledge and skills to manage workplace risks, focusing on safety management systems, promoting a positive health and safety culture, incident management, and regulatory compliance.



This qualification aims to:

- Provide learners with the knowledge, application and real-life skills that they and their employers require to apply safety systems and positively influence OSH performance within their organizations.
- Provide learners with opportunities to build their capability in OSH.
- Provide a pathway for career enhancement via IOSH membership and higher level qualifications.
- Provide learners with skills and behaviors to assist with strengthening OSH culture within their organization.

Certificate Units

- L3C01 Fundamentals of occupational safety and health (OSH) principles and management systems
- L3C02 Principles and application of occupational safety and health (OSH) risk management
- L3C03 Principles and application of occupational safety and health (OSH) incident management
- L3C04 Improving organisational occupational safety and health (OSH) performance and culture

Assessment

- Occupational Safety and Health (OSH) Principles – External Examination.
- Scenario-based assessment designed to evaluate practical understanding and application.
- Grading: The qualification is awarded on a Pass/Refer basis.

Total hours: 80

Requirements

- There are no specific entry requirements for this qualification.
- Learners must be 19 years of age or older to enroll in this program.
- Learners are expected to have English language proficiency equivalent to IELTS Level 6.0 to successfully complete the qualification.

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Progression

This qualification enables learners to progress within their career as an OSH professional and is a recognised qualification for entry at IOSH Technical Membership grade (subject to meeting experiential criteria). It can also provide opportunities to progress onto the IOSH Level 6 Diploma in Occupational Safety and Health Leadership and Management or other higher-level OSH qualifications.

Training Methodology

The training methodology combines a variety of approaches, including lectures, tutorials, and practical sessions, supported by supervised study in learning centers and workshops. It also includes exam tutorial videos, group work, discussion-based learning, and cooperative learning strategies. Both internal and external training activities are integrated to develop higher-order thinking skills. Learners are further supported through extensive practice questions and real-life case studies, providing a strong foundation for career advancement in occupational safety and health.

Learning outcome

- Understand the fundamentals of OSH principles and management systems.
- Understand and apply OSH principles in the workplace to mitigate risk and help to prevent incidents.
- Understand and apply principles of OSH incident management.
- Contribute to the development and maintenance of a positive OSH culture.
- Improve their own and their organisation's performance through sustainable and effective application of systems, processes, procedures and resources.
- Undertake detailed work in a technical area of OSH.
- Take responsibility for their own work and sometimes the work of others.

For whom this qualification

- For learners who are pursuing a career in OSH in a variety of sectors.
- For those already working in the profession who have some responsibility for OSH in their role.
- Learners may be working in the capacity of supervisor, manager, team leader or preparing to work at this level.
- Learners who achieve this qualification will have greater credibility and confidence when talking to senior management about safety and health in organisations.

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