DELMON ACADEMY

NCFE LEVEL 1 AWARD IN INTERPERSONAL SKILLS

SUMMARY:

This qualification introduces learners to key interpersonal skills for use in work, learning, and personal situations. It helps them understand different types of interpersonal skills, how to apply them, and how these skills support effective collaboration with others. The course also promotes self-awareness and personal development, enabling learners to build positive relationships, work independently, and perform effectively in various aspects of life, learning, and work.

QUALIFICATION STRUCTURE:

TO BE AWARDED THE NCFE LEVEL 1 AWARD IN INTERPERSONAL SKILLS, LEARNERS MUST ACHIEVE A MINIMUM OF 45 HOURS.

THE QUALIFICATION IS COMPOSED OF FOUR OPTIONAL UNITS:

- UNIT 01 ⇨ UNDERSTANDING THE USE OF INTERPERSONAL SKILLS UNIT
- UNIT 02 ⇨ DEMONSTRATING INTERPERSONAL SKILLS UNIT
- UNIT 03 ⇨ UNDERSTANDING ASSERTIVENESS AND SELF-ESTEEM

LEARNING OUTCOME

The learner will:

1. Understand a range of interpersonal skills and qualities
2. Understand when to use different interpersonal skills
3. Understand the importance of ethics, values and beliefs when using interpersonal skills.
4. Be able to use a range of interpersonal skills
5. Be able to review own interpersonal skills
6. Understand assertiveness.
7. Understand how to be assertive.
8. Understand about self-esteem

Training Methodology:

Higher thinking skills; Presentation, Discussion, Classroom activities and Practical skills.

ASSESSMENT: Internally assessed and externally quality assured portfolio of evidence.

CERTIFICATION: Upon successful completion, candidate will receive NCFE Level 2 Award in Digital Promotion for Business.

ENTRY REQUIREMENTS There are no prerequisites for this qualification.

TOTAL HOURS:45 HOURSE

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